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September 15, 2003

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204

SENT VIA CERTIFIED MAIL – RETURN RECEIPT REQUESTED
ARTICLE #: 7099 3400 0016 4139 9768

RE: GREEN FOODS COMPLEX

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Green Foods Complex**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Green Foods Complex is a blend of the most popularly supplemented green foods, including Wheat Grass and Barley Grass, as well as Spirulina, Chlorella and Blue Green Algae. These diverse green foods owe their rich color to the chlorophyll they contain and together these five ingredients deliver a comprehensive array of vitamins, minerals, enzymes and phytonutrients. More than just natural antioxidants, the ingredients in **Green Foods Complex** help supply your body with the building blocks necessary for tissue growth and maintenance, as well as the ingredients required to support a healthy liver. **Green Foods Complex** is a complimentary blend of cereal grasses and microalgae to help support your cardiovascular, nervous and immune systems. These ingredients may help to support normal blood pressure, blood sugar and blood cholesterol levels already in their normal ranges. From the significant levels of B-complex vitamins, chlorophyll and amino acids, to the high-in-fiber cereal grasses, each carefully chosen ingredient contributes the natural benefits of green foods that are so lacking in our modern diet.

Respectfully Submitted,

Dr Nancy Steely, ND
Director of Research

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